Advising Young Researchers:

It's not just about the publication or the grant!

Kathleen M. Foley, MD September 18, 2008

Research is serious business

- know the players
- play the role
- adapt to and use the system
- write the grants
- collaborate with others
- be prepared for rejection

Research is serious business

- Learn how to talk to the public
- Befriend the press and engage them in your story
- Be prepared for push back and insults
- Remain the expert not the advocate

Reflections

- Things that matter
 - -Vision
 - -Mentors
 - -Timing

Reflections

- Things that matter
 - -Uniqueness
 - -Standards
 - -Quality

Reflections

- Things that matter
 - -Collaborators
 - -Staff

Rules for Surviving

- Live close to where you work
- –Marry the right person
- -Pay for good, reliable help
- -Learn to take criticism

Rules for Surviving

- -Learn to set boundaries between work and family
 - -Ask for advice and help

Rules for Surviving

-Remember life will get better

Moving a field is different than doing research

Advocate

Generalist

Biased

Collaborator

Compromise

Expert

Specific issues

Unbiased

One man show

Don't compromise